

# BOARD MEMBER SPOTLIGHT - AMANDA RIEMAN

**How long have you been involved with ENLC?** Our family has financially and prayerfully supported ENLC since 2009.

**Can you describe a little about your role on the board?** I have been serving ENLC as a board member since Sept. 2013. All board members offer various gifts and talents, we each bring different strengths, ideas, knowledge, connections and have different amounts of available free time to give. What we do have in common is: to serve GOD, labor in the culture of LIFE, and EMPOWER individuals to make GODLY lifestyle choices. Our board has 11 committees to serve on, and most board members serve on 2 of their choice. Currently, I am the Board Governance Committee Chair and my committee's responsibilities are to ensure that the board is adequate for the tasks at hand, to evaluate board members annually and to ensure the by-laws are updated annually. I also serve on the Governance sub-committee, the Nomination and Orientation of new board members, so, if you feel serving ENLC as a board member is something you could do, please call or email me. The Fund Development Committee, in which we maintain relationships with the community for the purpose of promoting a better understanding and acceptance, hence support, of ENLC, is the second committee I serve on. We develop and maintain general outreach and fund development activities.

**What is your favorite thing about being a part of ENLC?** Watching how God works is my favorite part of ENLC. It has been amazing to see what He does with what we offer him. The dynamic, inspiring people at ENLC - the staff and volunteers - work so diligently and God blesses these efforts time and time again. But, then, there are the success stories....who doesn't love a story about a mom who chooses life?

**Why did you choose to get involved with ENLC?** We chose to financially support ENLC after attending a banquet and seeing all they offer individuals and families to choose life and to live healthy lifestyles. I became a board member because someone asked me!

**Tell us something about yourself or your family.** I am 9th generation Zimbabwean, and most of my family still live in Zimbabwe and South Africa. I met my husband, Joel, in Africa when he was in the Army, a Green Beret soldier. We just celebrated our 30th anniversary. We live in Xenia and have 5 children.



*Amanda and husband Joel with their five children.*

## LET'S GET SOCIAL

Did you know Elizabeth's New Life Center is on Facebook? We've had great success with our postings and ads, but we need your help! When you are on Facebook look on the top blue bar where it says "Search Facebook" and type in Elizabeth's New Life Center, then under "Pages" click on the "Like" button. When you like and follow us, be sure to comment on posts and click "share." Our Testimony Tuesday posts have been the most successful since we're writing about our front line client stories. Definitely worth sharing with your Facebook friends! Please help us grow our Facebook following to our goal of 1,500 in 2017!



## KNIGHTS OF COLUMBUS DONATE TWO NEW ULTRASOUND MACHINES

Many local KOC Councils in the Dayton and Cincinnati area contributed to the project to donate two wonderful 3D/4D machines for our Women's Center-East (pictured with manager, Kerry Braun) and our Women's Center-Sharonville. Special thanks to Greater Dayton Chapter President Ed Ponder, Greater Cincinnati Chapter President Walt Amrein, and Knights Forst Elliott and Charlie McGratty. To date, the KOC Ultrasound Program has helped purchase 774 machines for pregnancy centers across the country. What an amazing gift of technology and an unparalleled way to support LIFE! **Thank you Knights!**



Spring  
2017



## Elizabeth's New Life Center

# New Life News

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**Mission:** Empower individuals and families to make Godly life choices.

**Vision:** By the grace of God, we humbly labor in the culture of life.

"Jabez was the one who prayed to the God of Israel, 'Oh, that you would bless me and expand my territory! Please be with me in all that I do, and keep me from all trouble and pain!' And God granted him his request." I Chronicle 4:10

This scripture quote, often referred to as The Prayer of Jabez, has been hanging on my wall for about the last 20 years or so because it speaks to my heart about the work that the Lord has called Elizabeth's New Life Center to do. Should we be content to remain as we are or should we follow the Lord's leading to expand our territory and save even more babies, even if it entails significant risk? You probably already know the answer if you have been a faithful follower of the progression of ENLC: I say "GO FOR IT!" Fortunately, our board of directors also has taken the Prayer of Jabez scripture passage to heart.

That is why we are now ready to announce a new center in Cincinnati along the I-275 W corridor quite close to the Tri-County mall and only a few doors down from a busy Planned Parenthood center on Northland Blvd, within the same strip mall. We are forming a strategic partnership with Healthy Beginnings, a pro-life prenatal care provider in Cincinnati so that our pregnant clients will be able to have on-site prenatal care by a caring Christian staff of midwives and physicians as well as all of the services we provide including free pregnancy testing, 3D/4D ultrasound, Earn While You Learn educational classes, material assistance and on-going mentoring and consultation.

The center will be called:  
Women's Center-Springdale.

Now here is the risky part; we really need a whole lot of help! We need to tear out all the interior walls and start from scratch to build the center that will work for us. We need a project manager and skilled workers who can put up drywall, ceilings, electrical wiring, outlets, lights, heating and air conditioning, insulation, interior doors and windows, woodworking and molding, a new bathroom and lab area, etc.

We are hoping to find good Christian building suppliers who will donate many of the materials we need as well as the skilled workers to install and polish the space so that we can open sometime in the late spring or early summer. If you want to help, please call or email Terry Miller (see page 2) or check the box on the enclosed remit envelope that says: **Contact me about helping with the remodeling of the new Women's Center-Springdale** and fill out your contact information. Remember, as a 501 (c) 3 organization, we can provide a tax receipt for any donations of materials or labor that you make to this project. May the Lord bless you and expand your territory and keep you from all trouble and pain!

  
Vivian Koob, MRC  
Executive Director



# COMING SOON - WOMEN'S CENTER-SPRINGDALE

## 290 NORTHLAND BLVD., NORTHERN CINCINNATI

Big News! ENLC has signed the lease and we're ready for "demo day!" Soon we'll be roughing in the plumbing, hanging dry wall, and installing fixtures. **We Need You!** Come be a part of the fun by donating your "sweat equity" towards something truly life-giving. To volunteer your building trade's supplies and/or talents, call or email Terry Miller at 937-226-7414 or [tmiller@elizabethnewlife.org](mailto:tmiller@elizabethnewlife.org). You can also reply using the remit envelope enclosed. Thank you!

## LOVE YOUR BABY CLASSES - THE WHOLE FAMILY BENEFITS

Katie and Will got so much more than they expected from attending the Love Your Baby series of nine classes in August. Katie was expecting their 4th baby. She came to class very pregnant and very uncomfortable but still managed to be faithful to attend each session. "Being a working mom, it was hard for me to find quality time and energy to remain super active with my kids and Will. I love my family but we were becoming strained, tired and upset. Coming to the classes gave me that air and insight I needed to say to myself, it's okay, just relax and rethink!"

Shortly after beginning the Love Your Baby sessions, Katie began using some of the techniques and skills she learned in class at home. "One of the first things I did was to give up blaming my kids for my emotions and starting taking responsibility for them myself. Once I did that, I was able to listen better and come back to things with a clear head if I was upset or tired."

"For my two year old son, I began using many of the discipline techniques that we learned, like making sure I am coming to his level, making good eye contact, holding him accountable and making things like cleaning and learning fun." Katie has also noticed a difference with the extra time and nurturing touch she is giving him in addition to working with him to help him express himself in an appropriate way when he is upset.

"For my 8 year old son, I have learned to take away the 'middle child label' and give him an identity!" Katie says that now that her son feels like he can be his own person, they have been able to share positive touch time and talk together more effectively. "I feel like I am stopping more to listen to what he says and he is responding by being more talkative than before and not nearly as upset both at home and school."

"For our oldest son, one of the most important things I learned is that he needs to have a voice. I started using the communication technique of repeating back what he said so he knew I was listening and it made all the difference in the world!" Katie also is taking time out to focus on him and letting him know that she can get out of her world and into his and see things from his perspective. "Now he knows I will listen, even when he tells me things I don't agree with or don't want to hear; he knows I will listen and try to understand what he feels." She is teaching her son the wonderful gift of empathy and it has changed the relationship between them!

Most surprisingly to Katie, she feels that even her relationship with Will has changed dramatically for the better. "Will and I have fallen in love again because of this class! We have learned to stop before we react, think about and remember each other's feelings, respect and not belittle each other or engage in actions or fights that go beyond the issue. We each take responsibility for our own feelings—no blaming each other! We are now making sure we spend quality time together without the children, quality time with the children and self-time away for each of us from everyone. We are working hard to be the best possible parents for our children!"

Katie says what she received from the class was much more than she expected—the long-term aspects of growth, health and happiness will serve them as a family for many years to come.



*Katie and Will with their daughter Elhana. ENLC's Love Your Baby 9-part series uses Nurturing Parenting curriculum through a grant from the Ohio Children's Trust Fund.*

## DO YOU MATCH?

Does your employer participate in a matching gift program? If so, your employer will match your donations to Elizabeth's New Life Center, doubling or even tripling your contribution! Check with them to find out if they participate!

# 2017 DAYTON PARTNERSHIP BANQUET

April 6 or 7 at the Mandalay Banquet Center.

Plan now to join us for our single largest fundraiser to help support our programs and services for the most vulnerable in our community.

Featured Speaker: Henry Flowers IV ~ Henry Flowers of the Life Issues Institute will be this year's key note speaker. Henry joined Life Issues Institute in January of 2016, as Director of Urban Outreach. Henry brings a unique, first-hand perspective to the work of ending abortion. Raised in Detroit, he survived an attempt by his mother, then just 17 years old and unmarried, to self-induce an abortion. He counts his survival as God's protection and preparation for his work as an advocate for the unborn, for young men and for families. Henry is a gifted speaker, singer and author. His uplifting story will certainly inspire and empower. An invitation to make a financial gift will be extended to all in attendance.



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**NEW THIS YEAR: \$25 Per Person to Attend.** This is a change from past years and will help defray the cost of the meal but will also help ensure the success of the event. The \$25 is not tax-deductible. Registration is open now on our website [www.elizabethnewlife.org](http://www.elizabethnewlife.org) or call Barb Garrison at 937-226-7414 to complete your registration or to host a table.

## ONLINE REGISTRIES

We have two online baby registries for those who wish to donate to our Dayton boutique! The registries are on Walmart.com and Amazon.com. Simply search First Name "ENLC" and Last Name "Boutique" to find our registry. When you make a purchase, the items get shipped directly to our door!

## CALLING ALL CHURCHES

Looking for a new community involvement project? Partner with ENLC for our Bottles for Babies campaign! All proceeds are used to help save lives. Contact Barb Garrison at 937-226-7414 for more information.

# ENLC MARCHES ON WASHINGTON

For the first time since ENLC was established in 1989, our staff journeyed together to Washington D.C. to march in the January 2017 March for Life. Proudly carrying signs with Elizabeth's New Life Center's logo, our staff marched the streets of Washington and attended the rally with hundreds of thousands of other pro-life supporters. This was the first year since the march began that the Vice President of the United States, Mike Pence, spoke at the rally.

Staff and a former client of Dayton's Women's Center attended Babies Go to Congress the same week. Meg Carnahan, Women's Center Director, and Magalia Frazier and her daughter, Ayreon met with representatives of our nation's government to tell Magalia's story of choosing life for her daughter. She and six other women spoke about their local women's center in hopes that our representatives will see that choosing life was the best choice these mothers have made.



Representatives from ENLC at the March for Life.



Meg Carnahan with Magalia and daughter Ayreon.