

Relationships Under Construction for 7th Grade Students

Goal:

Goal: To provide medically accurate education that addresses the whole person including the intellectual, social, emotional, and physical dimensions and develops positive character and relationship skills.

Seventh Grade Lesson One

1. The student will examine goal setting, identify negative consequences that can prevent the student from reaching his/her goals, and identify positive consequences of avoiding risky behaviors.
2. The student will define the terms of abstinence education.

Seventh Grade Lesson Two

1. The student will name seven STDs and chart their primary characteristics.
2. The student will explore the medical procedures to protect medical personnel.
3. Assigned worksheet: STI/STD worksheet.

Seventh Grade Lesson Three

1. The student will probe the complex nature of bonding and relationships.
2. The student will examine the dangers of not setting appropriate limits in relationships.
3. The student will diagram the elements of a healthy relationship on the worksheet.

Seventh Grade Lesson Four

1. The student will examine requirements for goal achievement and discuss obstacles.
2. The student will create responses to peer pressure statements on the worksheet: Lies, Lines and Comebacks.
3. Collect and discuss assigned worksheet: What will it take to be me?

Seventh Grade Lesson Five

1. The student will examine the possible dangers of engaging in online dating and social networking sites that promote unhealthy behaviors.
2. The student will explore reasons why one might be untruthful and identify ways to know if an individual is being untruthful.
3. The student will be encouraged to commit to healthy behavior and to abstain from risky behavior.
4. A short post-survey is administered.